



The Leader as a Coach Foundation Training Workshop

“It is now widely understood that knowing how to lead people in a coaching style unlocks potential and delivers the highest level of performance and skill.”

Sir John Whitmore



Coaching is a leadership approach designed to empower individuals and organisations to maximise performance, drive growth, and achieve goals. Adopting a coaching culture throughout all levels of an organisation can directly impact its culture and improve performance.

Who is this Training for?

This one-day workshop is for organisations looking to introduce their leaders, managers, and emerging leaders to a coaching approach to leadership and gain foundational coaching skills.

Training Overview

During this training, participants will learn and practice coaching skills to embed into their leadership approach, including active listening, open questioning, and effective feedback.

- Recognise the business case for coaching as a leadership approach
- Understand the principles of coaching in the workplace
- Learn how to adapt your leadership style to include a coaching approach
- Develop your coaching skills in the use of coaching models, questioning and listening techniques to facilitate effective coaching conversations
- Discuss the principles and practical application of coaching in the workplace

This full-day interactive workshop, which can be delivered online or in person, will combine practical exercises with the application of core coaching skills. The training also includes supporting handouts and workbooks to embed coaching knowledge, specifically designed for this training intervention.

Outcomes for this Training

People who attend this training will gain a foundational understanding of coaching and how to use coaching skills in their everyday interactions with colleagues and team members. They will also leave with powerful skills and tools to implement immediately.

All delegates will receive the Association for Coaching CPD recognition and a digital certificate to evidence their training completion.

*Recognised by the
Association for Coaching CPD Hours Scheme.*



Why should you invest in this training for your Managers and Leaders?

The answer lies in the transformation that a genuine coaching approach can bring to your business, as well as the overall job satisfaction and increased engagement of your employees. Our training equips participants with the tools and knowledge to embed foundational coaching principles into their leadership style, creating a ripple effect of positive change.



// The feedback from our leaders and managers who attended the “*Leader as a Coach*” training has been excellent. The training was of high quality, well-structured, and contained the right balance of information and practical activities. We can already see the impact that a coaching approach is making within the organisation. //

Jade Nguyen Learning & Development Team

Why Choose Us?

Established in 1999, The Coaching Academy is now the UK's largest professional coach training provider and a leader in people development. We've earned an outstanding reputation and are rated excellent by our clients on TrustPilot.

We are chosen by more professionals and organisations looking to develop coaching skills and embed them into their organisational culture. We reject a one-size-fits-all approach, tailoring our training to align with our clients' values, vision, and people development goals.

Our world-class trainers are hand-selected from the best Executive and Leadership coaches in the UK.

Our clients include:



Find out more by speaking to our team

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